



RESOURCES

Kentucky's Kinship Navigator Web Portal has an array of resources available for relative caregivers. The portal contains quick links to childcare assistance, medical care, food benefits, and more. Visit kyfaces.ky.gov for additional information.



TRAINING

Bringing a child into your home can be overwhelming, and we're here to support you with quality training, anytime, or anywhere. Our Just in Time Kentucky training system offers a variety of free training and supports to caregivers. Get started at JITkentucky.org.

FOR A CHILD FROM BIRTH TO AGE 5



FIRST STEPS PROGRAM

First Steps is a statewide early intervention system that provides services to children with developmental disabilities from birth to age 3 and their families. First Steps offers comprehensive services through a variety of community agencies and service disciplines. Anyone can refer a child for First Steps services by calling (877) 417-8377 or (877) 41STEPS.

SPECIAL SUPPLEMENTAL NUTRITION PROGRAM FOR WOMEN, INFANTS, AND CHILDREN (WIC)
If you are pregnant, recently had a baby, are breastfeeding, or have a child younger than 5 years of age, the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) could help you.

SAFE SLEEP KENTUCKY

The Safe Sleep Campaign is a statewide effort to raise awareness of and help inform parents and other child caregivers of the importance of safe sleep for babies. Safe Sleep Kentucky seeks to prevent SIDS-related infant deaths by emphasizing ABCD, the four letters associated with the best practices to make sure infants sleep safely. More information: http://www.safesleepky.com/.

EARLY CHILDHOOD MENTAL HEALTH PROGRAM (ECMHP)

The primary goal of ECMHP is to provide: program and child-level consultation on social, emotional and behavioral issues to programs that serve children from birth through age 5; training on working with young children with social, emotional and behavioral needs and their families, to child-serving agencies and others; and evaluation, assessment, and therapeutic services for children from birth through age 5 and their families. For more information, visit https://kidsnow.ky.gov/Pages/index.aspx.

TO LEARN MORE...

For quick links and additional information related to the resources listed above, please visit the Kentucky Kinship Navigator Web Portal at kyfaces.ky.gov. On the upper right-hand corner of your screen, click the "Kinship" tab and select "How We Support You". The programs and services identified above will be listed on that page in addition to many more resources for you.

DO YOU NEED HELP BUILDING YOUR PARENTING TOOLKIT?

The Just in Time Kentucky training system offers a variety of free training and supports to caregivers. Participate in the training(s) to learn more about attachment, parenting, making everyday moments, and much more! Get started at JITkentucky.org.







FOR A CHILD 6-18 YEARS OF AGE





COMMUNITY COLLABORATION FOR CHILDREN (CCC)

In-home based services that educate, strengthen and support families to prevent child abuse and neglect. CCC empowers the family unit by promoting the safety, well-being, strength, and stability of children and families by teaching problem-solving skills, appropriate discipline techniques, self-sufficiency, and by coordinating community resources. Services address children's physical, mental, emotional, and educational needs while strengthening and supporting families. For more information, refer to the CCC Directory found on kyfaces.ky.gov.



FAMILY RESOURCE AND YOUTH SERVICES CENTERS (FRYSC)

These centers help connect students and their families to needed services as a way to remove nonacademic barriers to learning and enhance student academic success. Each center offers a unique blend of programs and services determined by the needs of the population being served, available resources, location, and other local characteristics. For more information, contact your local school's FRYSC or refer to the FRYSC Contact Database at https://chfs.ky.gov/agencies/dfrysc/Pages/default.aspx.



KENTUCKY CHILDREN'S HEALTH INSURANCE PROGRAM (KCHIP)

KCHIP is free or low-cost health insurance for children. KCHIP is for children younger than 19 who do not have health insurance and whose countable income is less than 213% of the federal poverty level. For more information, visit https://kidshealth.ky.gov/.

TO LEARN MORE...

For quick links and additional information related to the resources listed above, please visit the Kentucky Kinship Navigator Web Portal at kyfaces.ky.gov. On the upper right-hand corner of your screen, click the "Kinship" tab and select "How We Support You". The programs and services identified above will be listed on that page in addition to many more.



DO YOU NEED HELP BUILDING YOUR PARENTING TOOLKIT?

The Just in Time Kentucky training system offers a variety of free training and supports to caregivers. Participate in the training(s) to learn more about adverse childhood experiences, trauma, managing defiant behavior, and much more! Get started at JTKentucky.org.



FOR GRANDPARENTS





KENTUCKY FAMILY CAREGIVER PROGRAM

Kentucky Family Caregiver Program provides a wide range of services, including matching grandparent caregivers with support groups and providing information about resources, assistance in accessing services, counseling, and training. The grandparent must be the primary caregiver for a grandchild no older than 18 who is related by blood, marriage, or adoption. The child must live in the caregiver's home, and the child's parents may not reside in the household. Program participants also may be eligible for a grant or voucher for a grandchild each fiscal year for clothing, respite, school supplies, educational needs, required legal services, medical/dental services, and other approved expenses. To receive financial assistance, eligible grandparents must have annual incomes of no more than 150 percent of the federal poverty level and not receive state Kinship Care program benefits. Contact your local Area Agency on Aging and Independent Living at https://chfs.ky.gov/agencies/dail/Pages/caregiver-support.aspx for more information about this program.



NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM

The National Family Caregiver Support Program offers flexible benefits and support services to informal caregivers of people 60 years of age or older; an individual with Alzheimer's disease or a related disorder; and also for grandparents and relatives age 55 or older caring for a relative child no older than 18 years of age-related by birth, marriage, or adoption. The services include:

- · Information about available programs and services
- · Assistance accessing services
- · Counseling, support groups, and training to help caregivers make decisions and solve problems related to their caregiver role
- Respite care to give caregivers time off from caregiving responsibilities
- Supplemental services on a limited basis, to supplement caregiving tasks

Contact your local Area Agency on Aging and Independent Living at https://chfs.ky.gov/agencies/dail/Pages/caregiversupport.aspx.

TO LEARN MORE...

For quick links and additional information related to the resources listed above, please visit the Kentucky Kinship Navigator Web Portal at kyfaces.ky.gov. On the upper right-hand corner of your screen, click the "Kinship" tab and select "How We Support You". The programs and services identified above will be listed on that page in addition to many more.



DO YOU NEED HELP BUILDING YOUR PARENTING TOOLKIT?

The Just in Time Kentucky training system offers a variety of free training and supports to caregivers. Participate in the training(s) to learn more about effective discipline in developmental stages, understanding termination of parental rights, and much more! Get started at JITkentucky.org.







RELATIVE PLACEMENT SUPPORT BENEFIT (RPSB)

Relatives may be eligible to receive a one-time monetary benefit that is based on each child's immediate needs upon placement in your home, such as furniture, a deposit for a larger apartment, clothing, school supplies, etc. Please inquire with the social worker who placed the child in your home about this benefit. For additional information, visit kyfaces.ky.gov.



KENTUCKY TRANSITIONAL ASSISTANCE PROGRAM (KTAP)

KTAP is the monetary assistance program established by Kentucky using Federal funds from the Temporary Assistance for Needy Families (TANF) block grant. KTAP provides financial assistance to needy dependent children in Kentucky and the parents or relatives, with whom the children are living if eligibility criteria are met. The relative/applicant will be required to comply with Child Support Enforcement activities if the parents are not in the home. Relatives cannot receive KTAP benefits for children if the parents reside in the same household. This benefit is not available to fictive kin caregivers for fictive kin children, but may be available to caregivers for their own children. For more information regarding KTAP, please contact Family Support at (855) 306-8959.

TO LEARN MORE...

For quick links and additional information related to the resources listed above, please visit the Kentucky Kinship Navigator Web Portal at kyfaces.ky.gov. On the upper right-hand corner of your screen, click the "Kinship" tab and select "How We Support You". The programs and services identified above will be listed on that page in addition to many more.

DO YOU NEED HELP BUILDING YOUR PARENTING TOOLKIT?

The Just in Time Kentucky training system offers a variety of free training and supports to caregivers. Participate in the training(s) to learn more about effective discipline in developmental stages, understanding termination of parental rights, and much more! Get started at JITkentucky.org.



